



## Birthday Box

Ham & Cheese Sandwich or Cheese Pizza or Sausage Roll  
Juice or Milk Popper  
Popcorn, Mini Muffin, Seasonal Fruit  
Birthday Certificate & Small Gift

Boy or Girl

\$10.00

## Birthday Bucket



A new addition to our tuckshop menu is a Birthday bucket of Zooper Dooper Icy Poles. Only \$15 and we will make sure there are enough in there for the whole class and teacher/s. We will deliver to the classroom just before end of day. Order on flexischools or at the Tuckshop

Volunteers are an important part of our Tuckshop. We cannot operate without volunteers. It is a great place to catch up with others and contribute to the school. Students like to see someone they know in the Tuckshop and any help is greatly appreciated. Our busiest time is in the morning from 9.00am - 11.30am. Even 1 hour of your time to make some sandwiches helps out a lot. If you are able to help out please contact the Tuckshop team. Phone: 4758 0623

Your Children Will Be Proud Of It.

Get Involved. Be In The Know.

The Children Will Benefit From It.

Many Hands Make Light Work.

Meet New Friends!!

You'll Feel Good About It.

# VOLUNTEERS NEEDED!



Currajong State School Tuckshop

# Caterpillar Cafe

## Menu 2021



Deanne O'Neill Convenor  
Lisa Knudsen Assistant Convenor



The Currajong School Tuckshop Caterpillar Cafe provides healthy, fresh food at reasonable prices.

Our Tuckshop is run by the P&C Association with help from volunteers and all money from sales go straight back into the school and helps support our students.

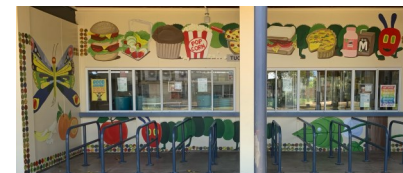
We are an award winning Tuckshop.

Our menu is Smart Choices compliant and has a 5 apple rating from the QLD Association of school Tuckshops.

Flexischools is our preferred method and most convenient for you.

Order online and save money.

All orders placed after 9.30am may incur a late fee of \$3.00



Tuckshop trading hours: Monday - Friday 8.15am to 2.45pm

Phone: 47580623

Email: [schooltuckshop@currajongss.eq.edu.au](mailto:schooltuckshop@currajongss.eq.edu.au)

Facebook: Currajong State School Caterpillar Cafe - Tuckshop

## Ordering Online (Preferred Method)



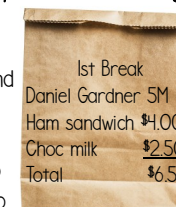
Download the Flexischool App for iPhone or Android




or go to the website [www.flexischools.com.au](http://www.flexischools.com.au)

## Suitably sized bag clearly write the following:

- \* Name and Class
- \* Which Break - 1st or 2nd
- \* Food/Drinks items




Orders must be put into their classroom Tuckshop Basket or to Tuckshop directly before 9.30am



## Brain Food

**MUST BE COLLECTED FROM TUCKSHOP  
WILL NOT BE DELIVERED TO THE CLASS ROOM  
Between 8.15 & 9.00am ONLY**

Seasonal Fruit Piece	\$ 2.00
Squeezy Yoghurt Low Fat	\$ 2.00



## Cold Food

Hungry Caterpillar Salad	\$5.00
<small>Lettuce, Tomato, Carrot, Cheese, Cucumber, Beetroot &amp; Mayo</small>	
Add Chicken or Ham or Egg or Tuna extra	\$ 1.50
Chicken Caesar Salad	\$ 6.50



## Wraps

Croc Wrap	\$ 4.80
<small>Crumbed Chicken, Lettuce, Tomato &amp; Mayo HM</small>	
Fisherman's Wrap	\$ 6.00
<small>Crumbed Fish, Lettuce, Tomato, Cucumber, Carrot, Cheese &amp; Mayo HM</small>	
Beef Burrito	\$ 5.00
<small>Beef, Rice, Cheese &amp; Hidden Vegetables HM</small>	



## Sandwiches - Rolls - Wraps

Cheese & Salad	\$ 5.00
Chicken or Tuna or Ham & Salad	\$ 6.00
Ham or Chicken or Tuna	\$ 4.00
Egg & Mayo or Curried Egg	\$ 3.50
Egg, Lettuce & Mayo	\$ 4.00
Cheese	\$ 3.00
Vegemite, Honey or Jam	\$ 2.50
Ham or Chicken & Cheese	\$ 4.50
Ham or Chicken, Tomato & Cheese	\$ 4.70
Toasted, Rolls & Wraps please add 50 cents	



## Hot Food

Ham & Pineapple Pizza	HM \$ 4.00
BBQ Chicken & Pineapple Pizza	HM \$ 4.00
Cheese Pizza	HM \$ 3.50
Macaroni & Cheese	HM \$ 4.00
Pumpkin Risotto	HM \$ 5.00
Vegan Pumpkin Risotto	GF HM \$ 5.00
Fried Rice	V GF HM \$ 4.00



## Healthy Snacks

Quiche v	\$ 4.00
Snack Box	\$ 3.50
<small>Cheese, Ham, Carrot Sticks, Crackers &amp; Dip</small>	
Butterfly Treats Seasonal Fruit Pieces	\$ 2.00
Popcorn	\$ 0.70
Slinky Apple	\$ 2.00
Own Apple Slinked	\$ 0.20
Yoghurt Low Fat	\$ 2.00
Boiled Egg	\$ 1.50
Mini Choc Muffin HM	\$ 1.00
Muffins Banana or Apple HM	\$ 2.50
Vitaweat Biscuits Tomato & Cheese	\$ 2.20
Vitaweat Biscuits with Vegemite	\$ 1.60
Carrot Sticks	\$ 0.80
Fruit Salad Cups	\$ 2.50
Corn Cob	\$ 1.50



## Extra

Sauce Tomato, BBQ or Mayo	\$ 0.50
Beetroot, Pineapple, Carrot, Cheese, Lettuce, Cucumber & Tomato each	\$ 0.80
Paper Bags/Plastic Spoon/Fork/Knife	\$ 0.10



Gluten Friendly: GF    Homemade: HM  
 Vegan: VG    Vegetarian: V  
 For GF/DF options please contact the Tuckshop

## Daily Specials

**\*Available 1st break ONLY on day specified**

<b>Monday</b>	Chicken Teriyaki or Tuna Sushi Roll GF HM	\$ 3.50
<b>Tuesday</b>	* <b>Taco Box:</b> Choose Either Tortilla Chips OR 2 Soft Taco Boats, Mexican Mince, Grated Cheese, Sour Cream, Lettuce & Tomato on the side HM	\$ 5.50
<b>Wednesday</b>	* <b>The JT Burger</b> Beef, Cheese, Tomato, Lettuce & Sauce	\$ 5.50
	* <b>The CLC Burger</b> Chicken, Lettuce, Carrot & Mayo	\$ 5.50
<b>Thursday</b>	* <b>Meatball Sub with Cheese</b> HM	\$ 4.50
	<b>Sausage Roll</b> Low Fat	\$ 4.00
<b>Friday</b>	* <b>T-Rex Box:</b> Chicken Drumstick, Corn Cob & Potato Wedges HM	\$ 5.50
	<b>Party Pie</b> 60 Grams	\$ 1.80



## Drinks

Bottled Water (Small) 350ml	\$ 1.50
Bottled Water 600ml	\$ 2.00
Plain Milk 200ml Low Fat	\$ 1.50
Flavored Milk 300ml Chocolate or Strawberry	\$ 2.50
Lactose Free Chocolate Milk 250ml	\$ 3.00
Big M Popper 250ml Chocolate or Strawberry	\$ 2.30
Pop Top Juice 100% 250ml	\$ 2.50
<small>Apple, Orange, Apple &amp; Blackcurrant</small>	

## Over Counter Sales - 2ND BREAK ONLY

PRICES FROM \$1.00 - \$3.00  
 ASSORTED VARIETY OF HOT & COLD HEALTHY TREATS  
 CHANGES DAILY



Check out  
 for  
**Monthly Specials**

Menu items may be unavailable from time to time due to factors out of our control.

Birthday Box & Birthday Bucket Turn over