

## CASC MENU EXAMPLE



DAY	SAVOURY	FRUIT & VEGE	TABLES
MONDAY	SANDWICHES SPREADS/MEAT/CHEESE/SALAD 1 SLICE PER JUNIOR, 2 SLICES PER SENIOR	SEASONAL FRUIT	5J 2S
TUESDAY	CORN ON COBB/GARLIC BREAD  1 BUN/3 SAUSAGES JUNIOR, 2 BUNS/4 SAUSAGES SENIOR	SEASONAL FRUIT	5J 1S
WEDNESDAY	TUSCAN CHICKEN & VEGETABLES	SEASONAL FRUIT	5J 2S
THURSDAY	PIKELETS	SEASONAL FRUIT	5J 2S
FRIDAY	JELLY CUPS & FROZEN YOGHURT	SEASONAL FRUIT	5J 1S

PLEASE REMEMBER TO THINK ABOUT THE NUTRITIONAL QUALITIES OF WHATEVER IS BEING PROGRAMMED FOR AFTERNOON TEA.